



10 Questions to Ask Yourself As You Head Into 2022

1. Am I happy with where I am at with my life right now?
2. What am I passionate about? What am I doing to pursue my passion?
3. Who and what things are weighing me down that I need to get rid of? How will I do it?
4. What do I need to forgive myself for?
5. When did I feel most alive this year?
6. What was sacred about that moment?
7. What do I want to let go of?
8. What do I want to dedicate 2021 to?
9. What did I learn about myself in 2021?
10. What did 2021 represent to me in my path?